



Sagebrush News

District 62

Anglemont, Adams Lake, Barriere, Chase,
Clearwater, Kamloops, Logan Lake, Merritt,
Niskonlith, Quilchena, Savona, Simpcw, Tk'emlups

September 2026

Acceptance:

"And acceptance is the answer to all my problems today."

(p. 417)

DCM Report– Shilo T.

DCM Report – District 62

August 29, 2026

My name is Shiloh, and I'm an alcoholic.
It has been a fairly quiet month in the district.

I did have the opportunity to attend the South Central Mini Assembly on August 22nd here in Kamloops, hosted by District 62. We had an amazing turnout, and I want to take a moment to thank the entire committee for putting on such a wonderful event. Carol, you did an absolutely amazing job as chair. Everything came together beautifully.

The Serenity Bus will be travelling to the Area 79 Voting Assembly in Port Alberni, October 23rd–25th. Tickets are \$275 per person, round trip, including the ferry. There are currently 26 seats paid for, and we are looking to fill 50 seats.

If you are planning on attending the Voting Assembly, I really encourage you to consider taking the Serenity Bus. It is more than just transportation. It's an amazing opportunity for connection, fellowship, and service, and it really is a spiritual experience. You get to spend time with other members, share the journey together, and build relationships along the way.

So, if you're thinking about going, don't miss out on the Serenity Bus!

WRAASA – Western Regional AA Service Assembly is coming up February 5th–7th, 2027, in Abbotsford. I have brought a flyer with me today that I will pass around, and I'll also have it attached to the minutes.

The early-bird registration is \$40, and after January 16th, 2027, registration will be \$45. They are expecting approximately 400 people to attend.

WRAASA is an opportunity for AA members throughout the Western Region to come together for service, sharing, workshops, fellowship, and learning. It gives us a chance to hear different perspectives from other areas, learn about service beyond our own districts.

If you have an interest in service, WRAASA is a wonderful experience.

The Area 79 Voting Assembly in Port Alberni is coming up quickly, and this is a very important assembly for our GSRs and DCMs to attend.

This is where the elections for the new Area 79 service panel will take place, and there will also be seven motions coming to the floor. I have brought them with me today for everyone to look over and to bring back to your groups for discussion.

We will be discussing these motions at our next District meeting at the end of September. I want to make sure we take the time to hear everyone's thoughts, so when I go to the Voting Assembly, I'm able to bring the collective voice of District 62 with me.

If you haven't registered yet, the registration information is in the agenda, which is available on the Area 79 website. I will be bringing copies for everyone along with the motions in Sept. If anyone needs help with registration, please come and see me. I am more than happy to help.

Literature Corner is still taking place online at 7:00 p.m. on the third Thursday of every month and is hosted by the BC Yukon Area 79 Literature Committee, which I am grateful to be a part of.

District 62 insurance renewal is coming up in October. I met with our insurance rep over coffee to update the insurance.

I have received the deposit form from Thompson Rivers University and will be forwarding it to Area 79 to secure the venue for the 2027 Voting Assembly in Kamloops.

There is a Sponsorship and Service Sponsorship Workshop coming up in District 70 in Vernon on September 12th. The cost is \$8, which includes a barbecue smokie, drink, and bag of chips.

Kelowna Roundup is coming up September 18th–20th Tickets are \$45.

Vancouver is having their 36th Annual Round Up on November 13th-15th, 2026. Tickets are \$50.

Thank you for allowing me to serve.

Shiloh.T

Announcements



McDonald Park Nooner Potluck!!

September 21 the park meeting will be having their year end potluck. Please bring anything you would like to share. Potluck is right after the Nooner meeting.

Service opportunities: District 62 is looking for a chair for the following committees:

- Entertainment
- Cooperation with the Professional Community

If you are interested in any of these positions, please attend the District meeting held the last Sunday of each month at 11:00 AM. For more information, please see the Meeting Guide page

Serenity Bus: Hosted by the South Central Mini Assembly. The Serenity Bus will going to Port Alberni in October 2026. \$275 roundtrip.
26 tickets sold, they need 50 sold to go!

Literature Corner is Back!

Join the BC/Yukon Area 79 Literature Committee for Literature Corner, a monthly online gathering exploring A.A. literature beyond the Big Book.

🕒 Time: 7:00 PM

Upcoming Topics:

- September 17: TBA
- October 15: *Our Great Responsibility: How AA Came of Age and Built its Service Structure*
- November 19: *Literature from Our History*

Join Online:

Meeting ID: 879 8807 7565

Passcode: Literature

Each session includes:

- Sharing from District Literature Committee Chairs
- What's new in A.A. literature
- Historical insights and interesting facts
- Fellowship and discussion

All A.A. members are welcome!

BC/Yukon Upcoming Events

(See posters below for more detail)

Date	Event	Location	Time
September 5	Traditions Workshop Speaker Series	Sechelt, BC	8:00 PM – 9:00 PM
September 11–13	Westshore Recovery Retreat	Langford, BC	Fri 6:00 PM – Sun 1:00 PM
September 12	Wild Rose Round Up	Edmonton, AB	9:00 AM – 9:00 PM
September 12	District 70 Workshop	Vernon, BC	1:00 PM – 4:00 PM
September 17	Literature Corner	Online	7:00 PM – 8:30 PM

September 18–20	SODEC Roundup	Cawston, BC	Fri 12:00 PM – Sun 12:00 PM
September 18–20	Port Alberni Rally	Port Alberni, BC	Fri 4:30 PM – Sun 1:00 PM
September 18–20	Central Okanagan AA Roundup: Humility in Action	Kelowna, BC	Fri 5:00 PM – Sun 12:00 PM
September 18–19	You Are Not Alone	Williams Lake, BC	Fri 6:00 PM – Sat 5:00 PM
September 18–20	Men's Fall Retreat	Belcarra, BC	Fri 6:00 PM – Sun 12:00 PM
September 18–20	12-Step Retreat	Telkwa, BC	Fri 7:00 PM – Sun 12:00 PM
September 19	Medicine Hat Annual Roundup	Redcliff, AB	8:30 AM – 8:30 PM
September 20	Gabbin' About the Grapevine	Online	11:00 AM – 12:00 PM
September 23	Serenity Bus 2026 / Port Alberni	Port Alberni, BC	Booking deadline
September 26	Sponsorship - Recovery and Service!	Richmond, BC	1:30 PM – 3:30 PM
September 27	Corrections Corner	Online	7:00 PM – 8:00 PM

ARCHIVES

Lightening Up

Recently at my Sunday morning spiritual awakening meeting I had a revelation. The topic was resentments and of course everyone had something to say. About halfway through the meeting, it suddenly dawned on me that I'd never made an amends to someone against whom I'd been carrying a major resentment for nine years. This revelation surprised me because the fellow (let's call him Tom) featured boldly in my Fourth Step. Somehow I had buried or maybe just dismissed my feelings of anger toward him. Immediately following this bombshell, I called a buddy of mine aside and told him of this sudden resurfacing from the past. He said, as we often say, "More will be revealed" and proceeded to tell me of a resentment he had buried for over ten years.

As soon as I got home I started a letter to Tom (he lives too far away to visit). Due to my alcoholism and self-destructive behaviors I lost a wonderful career and was left almost homeless and penniless. It took about four years to get back on track again. Tom was involved in the firing process and I'd always felt he could have done more for me if he had wanted to. The bottom line is that I fired myself and no one is responsible but me. Before I got sober I blamed Tom and wanted to do no end of violence to his person.

Several pages later I felt I had it all pretty well covered and called my very wise sponsor to look over it. He asked me if Tom knew how much pain and suffering I had gone through as a result of my dismissal, and I said that he didn't. "Then you don't need to tell him," my sponsor said.

So I dumped that letter and instead wrote a friendly letter thanking Tom for his involvement during my very troubled years, telling him how these difficulties eventually resulted in my getting sober, and how AA has become a wonderful way of life for me. I concluded by congratulating him on the great successes he has had in his own life over the past few years.

Two weeks later I got a wonderfully warm letter of appreciation from him. What a gift. My soul is much lighter as a result.

I can't wait to see what will continue to be revealed further down this road of happy destiny. Thank God for AA and its boundless blessings.

By: Joe O. | Los Angeles, California

October 1998

Hospital Meeting

It is the Bannocks group turn to chair this meeting. It begins at 8:00PM. This is a vital and important service provided by the Fellowship to the outside community. It is always good to support this meeting whether you are in charge of chairing or not. A wonderful opportunity for service.

Enter via Columbia Street into the Clinical Services Building, take elevator to 2nd floor, cross the bridge and then take elevator or stairs down to 1st floor, turn right and then turn left and find Conference Rm 1.



Birthdays



Name	Years	Group Name	Date of cake
Donna	37	Acceptance Group	September 2, 2026
Marty	41	Acceptance Group	September 2, 2026
Krysta	1	Warrior Sisters	September 4, 2026
Jason C	1	Daily Freedom	September 5, 2026
James P	28	Daily Freedom	September 7, 2026
Chrissy	10	Attitude Adjustment	September 11, 2026
Lorne B.	18	Origins	September 12, 2026
Tim	37	Serenity Group	September 13, 2026
Don Jr.	30	Attitude Adjustment	September 15, 2026
Rob B.	35	River Street	September 27, 2026

David R.	35	River Street	September 27, 2026
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STEP 9:

“Made direct amends to such people wherever possible, except when to do so would injure them or others.”

From the Big Book

Step 9 is where willingness from Step 8 becomes action. After honestly identifying the people we have harmed and becoming willing to make things right, we now begin taking responsibility for our actions.

Making amends is more than saying, “I’m sorry.” An amend means taking responsibility for what we did and, when possible, repairing the damage our actions caused. Sometimes this may involve an honest conversation, returning something we took, correcting a wrong, or changing the way we behave moving forward. The Big Book also reminds us that amends must be approached with care. Direct amends are not meant to cause additional harm. There may be situations where contacting someone would hurt them, hurt someone else, or create consequences that outweigh the benefit. In those circumstances, we need to seek guidance and consider another appropriate way to make things right.

Step 9 requires courage, humility, and patience. We cannot control how another person responds to our amends. They may forgive us, they may need time, or they may choose not to have a relationship with us. Our responsibility is to make the amends honestly and without expecting anything in return. Amends are not about changing the past. They are about changing what we do today. Through Step 9, we begin to rebuild trust, clean up the wreckage of our past, and demonstrate through our actions that we are committed to living differently in recovery.

A Thought to Carry Forward

We cannot change what happened, but we can take responsibility for what we do next.

Questions for Step 9

1. What did Step 9 teach you about forgiveness and accountability?
2. What was the hardest part of making amends?
3. What does making a living amends look like for you today?



The 9th Step Promises

"If we are painstaking about this phase of our development, we will be amazed before we are half way through. We are going to know a new freedom and a new happiness. We will not regret the past nor wish to shut the door on it. We will comprehend the word serenity and we will know peace. No matter how far down the scale we have gone, we will see how our experience can benefit others. That feeling of uselessness and self-pity will disappear. We will lose interest in selfish things and gain interest in our fellows. Self-seeking will slip away. Our whole attitude and outlook upon life will change. Fear of people and of economic insecurity will leave us. We will intuitively know how to handle situations which used to baffle us. We will suddenly realize that God is doing for us what we could not do for ourselves. Are these extravagant promises? We think not. They are being fulfilled among us — sometimes quickly, sometimes slowly. They will always materialize if we work for them."

AA Big Book pgs 83-84



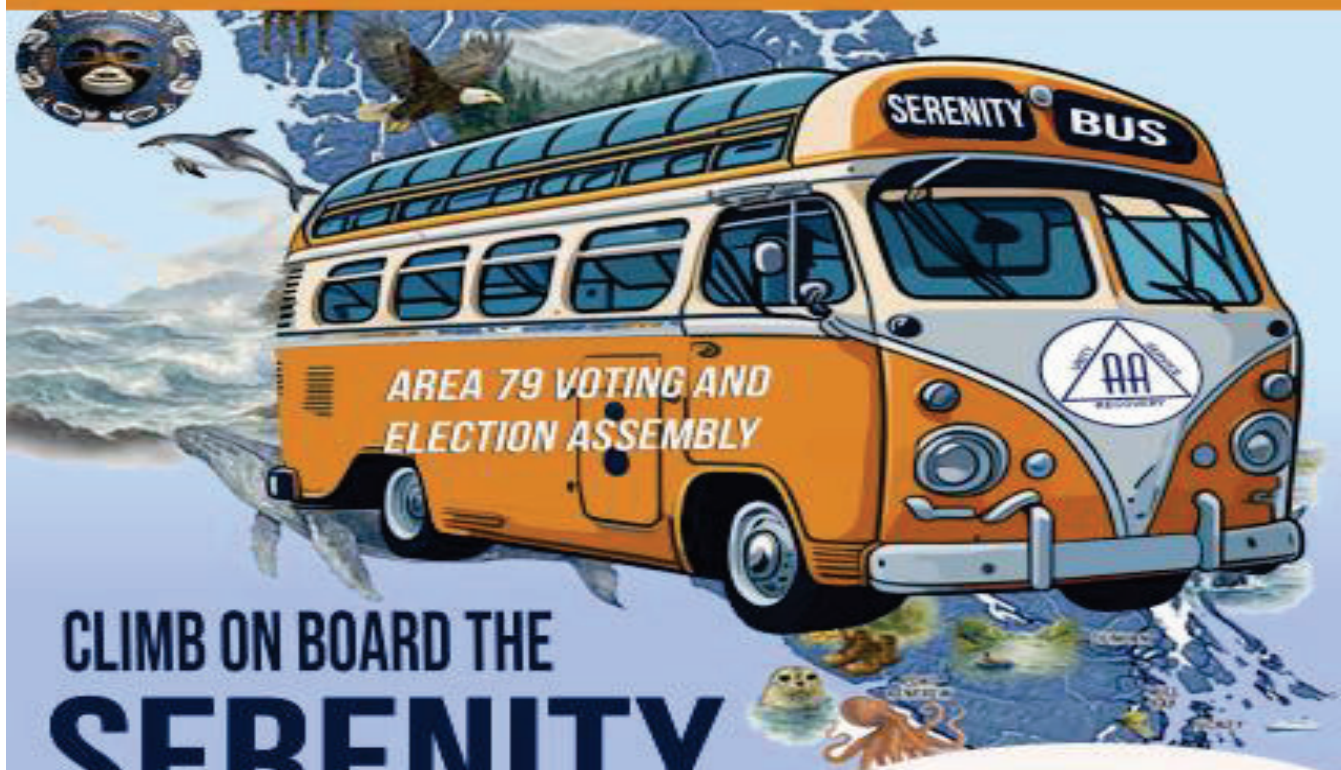


\$275

OCTOBER 23-25

ROUND TRIP

KAMLOOPS - VERNON - KELOWNA - PORT ALBERNI



CLIMB ON BOARD THE
**SERENITY
BUS**

**CUT OFF DATE FOR SALES WILL
BE SEPTEMBER 23 2026**

**SEAT PAYMENT CAN BE E-TRANSFERRED TO: SCMINITREAS@GMAIL.COM
PLEASE INCLUDE YOUR NAME, PHONE NUMBER AND EMAIL IN ETX MESSAGE BOX.**

**FOR MORE BUS / TRIP INFORMATION PLEASE CONTACT:
JOHN S (778 214 7464) OR STUART N (250 666 0246)
PHONE OR TEXT**

Traditions Workshop

**For on AA unity depend our lives, and the lives of
those to come**

Hosted by Saturday Night Live and District 46
EVERYONE WELCOME

Living Faith Lutheran Church
4607 Whitaker Rd.
Sechelt, BC

First Saturday of Every Month
Starting January 3, 2026
8:00 pm



I am responsible.
When anyone, anywhere,
reaches out for help, I want
the hand of AA always to be there.
And for that: **I am responsible.**

www.sunshinecoastaa.com

CORRECTIONS CORNER



"JAILS, INSTITUTIONS AND DEATH"

An open speaker meeting featuring AA members whose lives and recovery were impacted by the corrections system. We welcome all who want to hear stories of recovery from Alcoholism.

When : The last Sunday of each month @ 7pm

Where: On zoom. Meeting ID: 991 5032 3288

Zoom Password: langley (no capitals)

**Hosted by the
District 43
Corrections
Committee**



**Monthly speaker
announced
in District 43
newsletter**

**For more information contact
corrections@district43aa.org**



September 11, 12 & 13th

Mike S from California and Bill D from Minnesota

Our speakers will take us on a journey through the 12 steps

@3498 Luxton Road in Langford, BC

- \$50 weekend pass- includes Saturday Soup and Sandwich
- Camping available (\$40 Tent Site~ \$60 Power/Water)
- \$5 Pizza and Drink options Friday Night
- Concession, 50/50, Silent Auction
- Fireside Meetings

Join us for a weekend of recovery and fellowship!

Get your tickets and more info at:

westshorerecoveryretreat.com

WILDROSE Round-Up

With Al-Anon Participation

**“Healing Together
Recovery, Growth & Family**



September 12, 2026

**Edmonton Oilfield Technical Building
2104 156 St. SW
Edmonton**

**Full day: \$50/person
Speakers only - \$25/person**



Canteen

For tickets contact:

Larry V 780-298-6540

Ron S 780-913-0034

Ken G 780-235-6692

Or email: wildroseroundup@gmail.com

Thank you for participating in the WILDROSE Roundup

“Healing Together Recovery, Growth & Family

AGENDA

- 9:00 am Doors Open for Fellowship
- 10:30 am AA Speaker
 - Jeff B.
Edmonton, AB
- Lunch Canteen Available
- 1:00 pm AA Speaker
 - Danny N.
London, England

Refreshment Break

- 3:00 pm Al-Anon Speaker
 - John H.
Edmonton, AB
- 5:30 pm Banquet
- 7:30 pm AA Speaker
 - Jeannette M.
Dallas, TX



Roundups and conferences are not AA meetings.
The cost of this roundup is paid through registration fees

DISTRICT 70



SPONSORSHIP & SERVICE SPONSORSHIP WORKSHOP



Join us for an afternoon of **growth and fellowship** as **Dawnn F. from ASC** shares about **sponsorship** and **service sponsorship** in recovery. Learn, ask questions, and connect with others.



BBQ TO FOLLOW!

After the workshop, stay and enjoy a barbecue hosted by the **Social Committee**. Great food, great fellowship, and a chance to continue the conversation in a relaxed setting.

Everyone is welcome!

PRICE FOR BBQ

\$8

★ INCLUDES ★

**SMOKIE, DRINK
AND BAG OF CHIPS**



HOST: Dawnn F, ASC Registrar and Grapevine Chair



DATE ★
SEPTEMBER 12TH
2026



TIME ★
DOORS OPEN AT 12:30PM
WORKSHOP TIME 1:00PM – 4:00PM
BBQ TO FOLLOW



LOCATION ★
Alano Club Vernon
Meeting Room #2
3204 Alexis Park Drive
Vernon, BC

UNITY ★ SERVICE ★ RECOVERY



QUESTIONS OR INFO?
Please contact Barb
@ 250.558.3447

SODEC

The new South Okanagan Dry Events Committee is excited to announce our first Roundup!!!

September 18-20 2026

Cawston Community Hall 2119 Main St. Cawston BC

A stunning location in the mountains close to the river!

\$50 weekend \$30 Saturday evening only

Friday Chili supper - Continental breakfast - Banquet: $\frac{1}{2}$ chicken, corn on the cob & potluck:

If your ticket ends with: even # please bring a side dish, odd # please bring a dessert

Indoor board games - outdoor games - playgrounds for the kids - door prize - 50/50

Speakers - Meetings - countdown - yoga & meditation - music jam

AND SO MUCH MORE!!!

TICKETS/INFO: Lonney-Rae P. (403) 550-4643 Jim A. (250) 809-1363





ROCKETED INTO A

**FOURTH
DIMENSION**

RALLY

**PORT
ALBERNI**

**SEPT 18-20
2026**

First come first
serve camping



TICKETS: \$40 (REGISTRATION ONLY) / \$60 BBQ FEAST INCL.

LOCATION: CHERRY CREEK HALL 3720 MOORE RD, PORT ALBERNI

**RAFFLE! ICE CREAM SOCIAL!
AA AND AL-ANON SPEAKERS!**

**BUY TICKETS EARLY VIA E-TRANSFER OR WITH
CASH AT THE EVENT**

**Contact: portalbernirally@gmail.com
or: yourownjane@yahoo.com**



**BREAKFAST BY DONATION
SATURDAY
SATURDAY LUNCH: \$10
CONTINENTAL BREAKFAST
SUNDAY (INCL)**

**REGISTRATION
4:30
FRIDAY**





CENTRAL OKANAGAN INTERGROUP SOCIAL COMMITTEE PRESENTS

— ROUNDUP 2026 —

Humility IN ACTION

WE RISE BY LIFTING OTHERS



Join us for a weekend of fellowship, gratitude, and service as we practice humility in all that we do.

“Pride is a feeling of self-importance. Humility is freedom from that feeling.”
— 12&12, p. 106

SPEAKERS
WORKSHOPS
FUN & MORE!



SEPTEMBER 18TH, 19TH & 20TH 2026

FRIDAY EVENING - SUNDAY AFTERNOON
DOORS OPEN AT 5:00 PM FRIDAY



RUTLAND CENTENNIAL HALL

215 Shepherd Road,
Kelowna, BC



TICKETS \$45

COME AS YOU ARE.
Leave with hope.

- ♥ Open AA & Al-Anon Meetings
- ♥ Speakers & Workshops
- ♥ Delicious Meals Included
- ♥ Sobriety Countdown
- ♥ Gift Raffles
- ♥ Professional DJ & Dancing
- ♥ OKYPAA Ice Cream Social

ACCESS THE
FULL EVENT INFO



HUMILITY ISN'T THINKING LESS OF YOURSELF
- IT'S THINKING OF YOURSELF LESS



KIMMY D. 250-863-0282 | BRENT K. 250-948-2117 | ETRANSFER - DISTRICT71SC@GMAIL.COM



Williams Lake

YOU ARE NOT ALONE

Join us and hear how others learned to live sober,
ONE DAY AT A TIME, one step at a time.

Food, refreshments, **door prizes!!**

When: Sept 18 & 19, 2026

Where: United Church, 1000 Huckvale Pl, Williams Lake

Cost: \$10/person

AGENDA

Friday, Sept 18th:

6:00pm - Traditions workshop (free w/ refreshments and snacks)

Saturday, Sept 19th:

9:00am - Registration

9:30am - Meeting 1 (Daily Reflection)

10:45am - Meeting 2 (Finding our Power, Spiritual Paths)

11:45am - *Potluck Lunch and Refreshments*

12:45pm - Sobriety Countdown

1:00pm - Meeting 3 (Sponsorship and Home Groups)

2:15pm - AA & Alanon Meeting

3:30pm Guest Speakers

All are welcome - families, friends, neighbours

For more info, contact

Fred (250-392-6476) or Pat (250-267-0027)

Men's Fall Retreat A walk through the Steps

Friday Sept 18th to Sunday Sept 20th 2026

Sasamat Outdoor Centre
3302 Senkler Road, Belcarra, BC www.sasamat.org

Don L - 9/16/91 - from Washington State
will walk with us through the 12 Steps of Alcoholics Anonymous.

\$260.00

- for the whole weekend -

*Limited Space

- ✓ **All Included:** Amazing Food, Lodging, Fellowship, a Guided 12 Step Experience
- ✓ **Additional Activities:** Campfire Meetings, Morning Meetings, Morning Meditation, Canoeing, Kayaking, Swimming, Group Hiking & additional sign-up activities



*Cabins, Cottages, & Yurts sleep 2 to 10 people. Rooms are heated and have electricity. Washrooms and showers are located in the main lodge. Attendee Package will be emailed.



- * **Space Is Limited this year**, please reserve your experience by Cash, Cheque, Tap (+\$5 Bank Fee) or E-Transfer \$260.00 to: mensfallretreat@gmail.com

Please include your email address in the E-Transfer for your confirmation message to be sent.



FOR MORE INFORMATION PLEASE CALL OR TEXT

Josh N. 604-376-3218
Steve D. 604-512-4272
Ian R. 778-867-4822



For Attendee package or more information

mensfallretreat@gmail.com

12-Step Retreat



Hold the Date

September 18-20, 2026

Friday 7 pm to Sunday noon

Camp Caledonia - Telkwa, BC

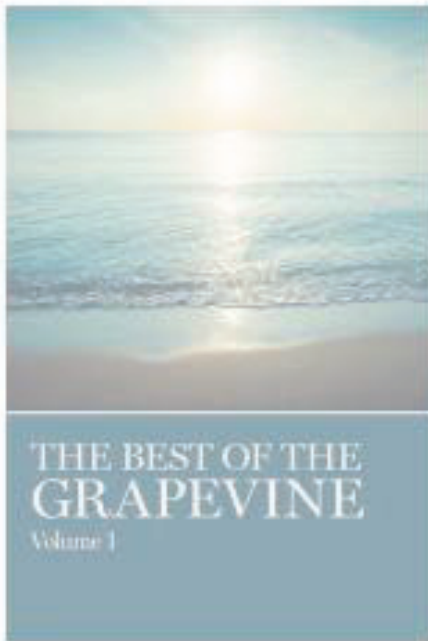
2818 Telkwa High Rd. (10km east of Smithers)

Please bring your own sleeping bag/sheets, pillow, towels. Foam or self-inflating air mattress recommended as most bunk beds have no mattresses.

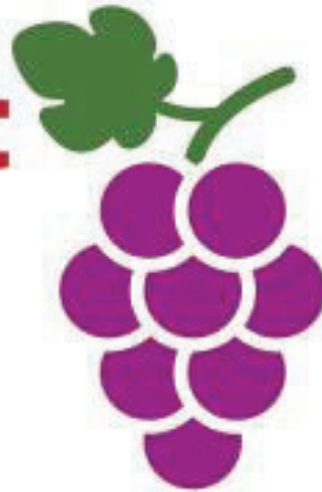
Cost: \$200 limited private rooms
\$100 bunk house

Includes all food & accommodation

Maximum
40
participants



Gabbin' About The



AAGRAPEVINE

**Join Your Area 79 Grapevine
Committee at 11:00am**

SEPT 20th

OCT 18th

NOV 15th

Meeting ID 831 0773 4645

Passcode 526279



DISTRICT 36 RICHMOND

SPONSORSHIP WORKSHOP

Recovery and Service!



SHARE
EXPERIENCE



GIVE
SUPPORT



CARRY
THE MESSAGE



FACILITATED BY
ASC Alt Chair Joanne C.



Saturday, September 26th
1:30 PM – 3:30 PM



LOCATION: PARKHOUSE
5400 River Road, Richmond, BC



LIGHT SNACKS AND REFRESHMENTS PROVIDED.

WRAASA 2027

JOIN US IN
*Abbotsford,
BC!*


**FLY DIRECT TO
ABBOTSFORD
AIRPORT (YXX)**
Just 10 minutes
away!

GETTING TO WRAASA 2027

Honoring Our Past. Embracing Our Future



FLY DIRECT TO ABBOTSFORD (YXX)

Abbotsford International Airport (YXX)
is just 10 minutes away.

✈️ Often more convenient than
flying into Vancouver (YVR)!



GOOD TO KNOW:

Everything you need —
hotels, food, and amenities —
is within 5–10 minutes. 🚗



CLARION HOTEL & CONFERENCE CENTRE

36035 North Parollal Road, Abbotsford, BC

- ✓ Easy access via Highway 1
- ✓ Free parking available at the venue



LEARN MORE

Visit our website



VISIT OUR WEBSITE
wraasa.org

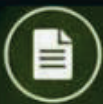


REGISTER

Register today



EMAIL US
info@wraasa.org



REGISTRATION PACKAGE

View the details



FOLLOW US
[@wraasa2027](https://www.instagram.com/wraasa2027)

Honoring Our Past. Embracing Our Future

ALL A.A. MEMBERS ARE WELCOME!