



Sagebrush News

District 62

Anglemont, Adams Lake, Barriere, Chase,
Clearwater, Kamloops, Logan Lake, Merritt,
Niskonlith, Quilchena, Savona, Simpcw, Tk'emlups

August 2026

*"Our common welfare should come first; personal recovery
depends upon AA unity."*

-Tradition One

DCM Report– Shilo T.

Hello everyone, my name is Shiloh, and I'm an alcoholic.

Before I get into my report, I'd like to recognize a few highlights from the July Area Assembly in Smithers. First, I'd like to sincerely thank District 64 in Salmon Arm and their DCM. The night before I was scheduled to fly to Smithers, Air Canada cancelled my flight. They immediately stepped up and made sure I had a ride so we could both get to the Area Assembly. Their kindness, flexibility, and willingness to help is a wonderful example of service in action, and I am incredibly grateful.

I'd also like to thank the DCM from Smithers, who generously shared a hotel room with me. By sharing accommodations, we were able to save \$250 each. More importantly, I gained a new friend. We had great conversations, lots of laughs, and I truly enjoyed spending time with her throughout the weekend.

One of the biggest highlights for me was the fellowship. Throughout the Assembly, I spent time with the DCMs and GSR's from, Salmon Arm, Vernon, and Smithers. We shared meals, worked hard, laughed often, and built stronger connections between our districts.

I was also honored to be asked to chair the 7:00 a.m. AA meeting on Saturday morning of the assembly. It was a wonderful meeting with heartfelt sharing, and it was inspiring to see both service and recovery come together. It was a beautiful way to begin the day.

This has been a busy month in service as your DCM. As part of my role, I serve on the Area 79 Literature Committee, where we've been discussing a number of new and exciting topics related to the General Service Conference agenda items.

At the Pre-Conference breakout on July 07, 2026,

I had the opportunity to serve as recorder/reporter for our committee and gave a presentation on Agenda Item F, which reviewed the process for future amendments to the Plain Language Big Book. I also did a presentation to GSRs on the Everything AA app and the many resources it offers to AA members.

We as a team of the Area 79 Literature Committee have also been working on developing a single-page leaflet that outlines the various district service positions and their responsibilities. This was a motion that passed at last voting assembly in Sept 2025. The goal is to help members better understand these service opportunities and encourage participation. We hope to have this available soon

Here are some highlights from the General Service Conference on Literature Committee. These include some of the Advisory Actions and Committee Considerations that were discussed and approved at this year's General Service conference.

Pamphlet P-47, Understanding Anonymity will be revised and renamed ** Anonymity: Our Spiritual Foundation. **

Pamphlet P-11, The AA Member: Medications and Other Drugs will be revised.

Item C – Everything AA App. On May 1, 2026 Alcoholics Anonymous World Services officially acquired the Everything AA app. The app is currently free, ad-free, and available on Apple and Android devices.

The word "Eskimo" has been removed from the Plain Language Big Book and the Big Book. A floor action also requested its removal from the Twelve Steps and Twelve Traditions, and that motion was approved.

The committee reviewed the progress report on the Plain Language Big Book amendment process. While there was no Advisory Action, the committee made several recommendations.

- To consider adding reference page numbers throughout the Plain Language Big Book that correspond to the original Alcoholics Anonymous Big Book.
- Consider resizing the Plain Language Big Book to match the dimensions of the Large Print Big Book. A progress report will return to the 2027 Conference.

The committee reviewed the draft update of the book Living Sober. They approved moving forward with revisions, with the updated draft to be presented to the 2027 General Service Conference.

The committee reviewed the draft of the Fifth Edition Big Book. It was approved with minor editorial changes.

The Fifth Edition of the Big Book is expected to be available in February 2026.

The new A.A. Service Manual is expected to be released in October 2026.

Literature Corner has decided to start back up again. We meet online on the third Thursday of each month at 7:00 p.m. I have brought a flyer with me today. The group explores AA literature and discusses current literature updates. Previously we discussed pamphlets and now have decided discuss other AA related literature.

August will be a presentation on:
AA's Hidden Literature

October: Myself along with the DCM from Kelowna will be doing a presentation on:
How AA Got Its Service Structure

September and November: Topics to be announced. Come check it out.

Here are a few highlights from the Area 79 Assembly on July 10-12th in Smithers.

There were 3 motions presented at the Assembly.

Motion 1 – Area 79 approve reimbursement of travel expenses for all Panel 77 Area Service Committee members attending the 2027 Western Regional AA Service Assembly (WRASA) in Abbotsford, February 5-7th, 2027.

The motion passed - This will be included in the 2027 travel budget and will help ensure all Area Service Committee-ASC members can attend and serve, regardless of their financial circumstances.

Motion 2 – That Area 79 will make Grassroots Forum available exclusively online - through the Area 79 website - and discontinue all printed subscriptions.

This motion was defeated.

I voted against this motion. I believe Grassroots is informative and I think more members should know about. The Area 79 Grassroots Forum is much more than a newsletter—It helps keep groups, GSRs, DCMs, and trusted servants informed and connected. Each quarterly issue includes: Minutes from Area Quarterlies and Assemblies.

Reports from Area Service Committees.

Upcoming AA events, workshops, assemblies, and service opportunities and much more.

I brought one with me today if you would like to check it out. A single issue costs \$2.50 and \$10/year subscription.

Motion 3 - Area 79 Voting Procedures.

Since April 2025, an adhoc committee has been reviewing, researching, and developing suggested changes to Area 79's voting procedures. Each procedure was compared with the practices of other Areas and with the GSC - General Service Conference.

After completing their review, the committee drafted suggested changes and the rationale behind each one. These were shared with the Area Service Committee, where feedback was gathered and incorporated through additional meetings and minor revisions.

The proposed changes were then presented during the Friday night DCM sharing sessions at both the January Quarterly and the April Pre-Conference.

At our January 2026 District meeting, I presented these proposed changes to our GSRs and asked them to take the information back to their groups for discussion and feedback.

At the Area 79 July Assembly in Smithers, a motion was brought forward to adopt the proposed changes to the Area 79 voting procedures. This resulted in a lengthy and thoughtful discussion, with members carefully considering each amendment. The discussion continued late into Saturday evening. The motion was ultimately passed.

I have copies of the updated voting procedures, including the previous wording, the revised wording, and the rationale for each change. If anyone would like to review them or has any questions, I'd be happy to share them.

I brought with me The Area 79 balance sheet, income and expense summary along with the 2027 draft budget sheet, and group contributions.

The General Service Board's finances continue to improve, most AA World Services and Grapevine financials are in the green as of March 31.

The reserve fund currently sits at 5.27 months of operating expenses. It is expected to decline somewhat before rebuilding, so continued group contributions remain important.

Groups are encouraged to consider contributing to the General Service Board, along with the other levels of service.

The Area 79 Archives Committee is looking for members with 30+ years of sobriety who are willing to share their recovery stories, if you know anyone that would be interested.

The Area 79 & DCM meeting was held Friday evening of July 10th, 2026. In Smithers.

One of the discussion topics was rotation and Concept Nine on good service & leadership. We talked about the fears some members experience when considering stepping into a new service position.

This gave an idea that may benefit District 62 as we prepare for elections in November. We could create a flyer highlighting each district service position to help members better understand the opportunities available. We could share it through the Sagebrush News and on the district website. Another idea would be to hold a District Service Fair before elections, where our District Committee Chairs- DCC's could briefly share about their service positions over coffee and snacks, which would be a great way to help connect new service members to their positions and intrigue others to put there hand up. That is if the single-page leaflet has not been released yet.

Thank you for allowing me to be of service.

Shiloh.T

Announcements



Service opportunities: District 62 is looking for a chair for the following committees:

- Entertainment
- Cooperation with the Professional Community

If you are interested in any of these positions, please attend the District meeting held the last Sunday of each month at 11:00 AM. For more information, please see the Meeting Guide page

South Central Mini Assembly (SCMA)

Held quarterly in February, May, August & November

The purpose of the Mini-Assembly is to provide a forum for Districts 62, 64, 66, 68, 70, 71, 73, and 75 to meet and discuss matters of local interest while offering GSRs and prospective GSRs exposure to and participation in service work at a level outside their Districts

The upcoming South Central Mini Assembly (SCMA) will be held in Kamloops on **August 22, 2026**. The afternoon workshop is The Three Legacies of AA – Recovery, Unity, Service

Serenity Bus: Hosted by the South Central Mini Assembly. The Serenity Bus will going to Port Alberni in October 2026. \$275 roundtrip.

Literature Corner is Back!

Join the BC/Yukon Area 79 Literature Committee for Literature Corner, a monthly online gathering exploring A.A. literature beyond the Big Book.

🕒 Time: 7:00 PM

Upcoming Topics:

- August 20: *AA's Hidden Literature: Beyond the Big Book*
- September 17: *TBA*
- October 15: *Our Great Responsibility: How AA Came of Age and Built its Service Structure*
- November 19: *Literature from Our History*

Join Online:

Meeting ID: 879 8807 7565

Passcode: Literature

Each session includes:

- Sharing from District Literature Committee Chairs
- What's new in A.A. literature
- Historical insights and interesting facts
- Fellowship and discussion

All A.A. members are welcome!

BC/Yukon Upcoming Events

Date	Event	Time	Location
Aug. 1-2	District 3 A.A. Rally	Aug. 1, 9:00 AM - Aug. 2, 12:00 PM	Campbell River Community Centre
Aug. 1	Traditions Workshop Speaker Series	8:00 PM - 9:00 PM	Living Faith Lutheran Church
Aug. 15	Serenity Day	8:30 AM - 4:30 PM	First United Church
Aug. 16	Fun in the Sun	11:00 AM - 3:00 PM	Centennial Park (Shelter #2)
Aug. 20	Literature Corner	7:00 PM - 8:30 PM	Online
Aug. 22	South Central Mini Assembly	9:00 AM - 3:00 PM	United Church, Kamloops
Aug. 22-23	Sea to Sky Roundup	Aug. 22, 9:00 AM - Aug. 23, 12:00 PM	Totem Hall
Aug. 22	Beachcombers A.A. Rally	11:00 AM - 4:00 PM	William Head Institution
Aug. 27-30	Green Lake Campout	Aug. 27, 2:00 PM - Aug. 30, 10:00 AM	Sunset View Provincial Campground
Aug. 28-31	OKYPAA Summer Campout	Aug. 28, 11:00 AM - Aug. 31, 12:00 PM	Fintry Provincial Park, Kelowna, BC
Aug. 30	Corrections Corner	7:00 PM - 8:00 PM	Online

ARCHIVES

The Eighth Step

Around the Tables

OCTOBER 1977

AROUND THE TABLES, I have, of late, participated in a succession of discussions centering on the Eighth Step. I regard this Step as the easiest but perhaps the most subtle in the program. It requires only that I make a list of people I have harmed and become willing to make amends to them all. Unlike Step Five, Eight does not require that I seek out a companion and unload it on him. It does not require searching my soul or being humble--only making a list and becoming willing. Step Nine requires some damn bold action, so it is very different from, though obviously dependent on, Step Eight.

The Eighth Step relates to people other than me. Unquestionably, it points outward and not inward. Many of us feel anger about this position and protest, "I didn't hurt anyone else but me. I

figure I have to make amends to me." The phrasing may vary, but the idea is always the same: "make amends to me." Frankly, I think this is so much garbage. It's one of the "old ideas" the Big Book advises us to discard--namely, selfishness. If the founders had meant Eight and Nine to be directed at themselves, they would have so stated in plain English.

But here's an AA paradox: I have found, to my great joy, that if I work on Eight and Nine and keep the emphasis on my relationships with others, these Steps actually do bring about the ultimate amends to me--a happy, sober day-to-day life that brims over with gladness, happiness, good fortune, and all that I could wish for. It's far better to work on the Steps the way the Big Book and the "Twelve and Twelve" suggest than to risk losing this great life.

Hospital Meeting

***** turn to chair this meeting. It begins at 8:00PM. This is a vital and important service provided by the Fellowship to the outside community. It is always good to support this meeting whether you are in charge of chairing or not. A wonderful opportunity for service.

Enter via Columbia Street into the Clinical Services Building, take elevator to 2nd floor, cross the bridge and then take elevator or stairs down to 1st floor, turn right and then turn left and find Conference Rm 1.



Birthdays



Name	Years	Group Name	Date of cake
Sasha	2	Warrior Sisters	Aug 21, 2026
Stacey B	5	Warrior Sisters	Aug 28, 2026
Nathan A	2	New Horizons	Aug 5, 2026
Morgan A	1	New Horizons	Aug 16, 2026
Kelly	11	Living Sober Group	Aug 27, 2026
Mike	33	Living Sober Group	Aug 27, 2026
Angela	?	New Horizons Group	Aug 12, 2026

STEP 8:

"Made a list of all persons we had harmed, and became willing to make amends to them all."

From the Big Book

The Big Book describes Step 8 as a process of honestly looking at the ways our actions affected others and becoming willing to repair the harm we caused. After completing our inventory in Step 4 and recognizing our patterns in Steps 5 through 7, we now turn our attention outward and consider the people who may have been hurt by our behavior.

Step 8 is not about shame, guilt, or punishing ourselves. It is about accountability, compassion, and becoming willing to heal relationships. Making a list allows us to acknowledge the impact of our actions while preparing ourselves for the next step, where we will make direct amends when appropriate.

This step requires honesty and humility. We may find that some of the people we harmed are others, but we may also recognize ways we harmed ourselves. Becoming willing does not mean we have all the answers or that every relationship can be repaired exactly as it was. It means we are ready to take responsibility and do our part.

Reflection

Step 8 is an opportunity to let go of resentment, fear, and avoidance. Through willingness and honesty, we begin to rebuild trust and live more intentionally in recovery.

Questions for Step 8

1. Who are the people I may have harmed through my actions, words, or choices?
 2. What feelings come up when I think about making this list?
 3. Am I willing to look honestly at the impact I have had on others?
 4. Are there people I need to forgive, including myself?
 5. What fears or excuses might prevent me from becoming willing?
 6. How can making this list help me continue growing in recovery?
 7. What does taking responsibility look like in my life today?
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"Love and tolerance of others is our code."



South Central MINI ASSEMBLY 2026

HOSTED BY DISTRICT 62 – KAMLOOPS, BC

A Day of Fellowship, Service & Recovery



SATURDAY
AUGUST 22, 2026



UNITED CHURCH
421 St Paul St
Kamloops, BC V2C 2J7



LUNCH AVAILABLE
\$12.00
All are welcome!

SCHEDULE



BUSINESS MEETING
9:00 AM – 12:00 PM



THE THREE LEGACIES
WORKSHOP
1:00 PM – 3:00 PM

FEATURED WORKSHOP

The THREE LEGACIES *of A.A.*



RECOVERY
Our personal
recovery comes first.



UNITY
Our unity
keeps us strong.



SERVICE
Our service
carries the message.

WORKSHOP FACILITATED BY MICHELLE.B
OUR AREA 79 CPC CHAIR

*Together
We Can!*

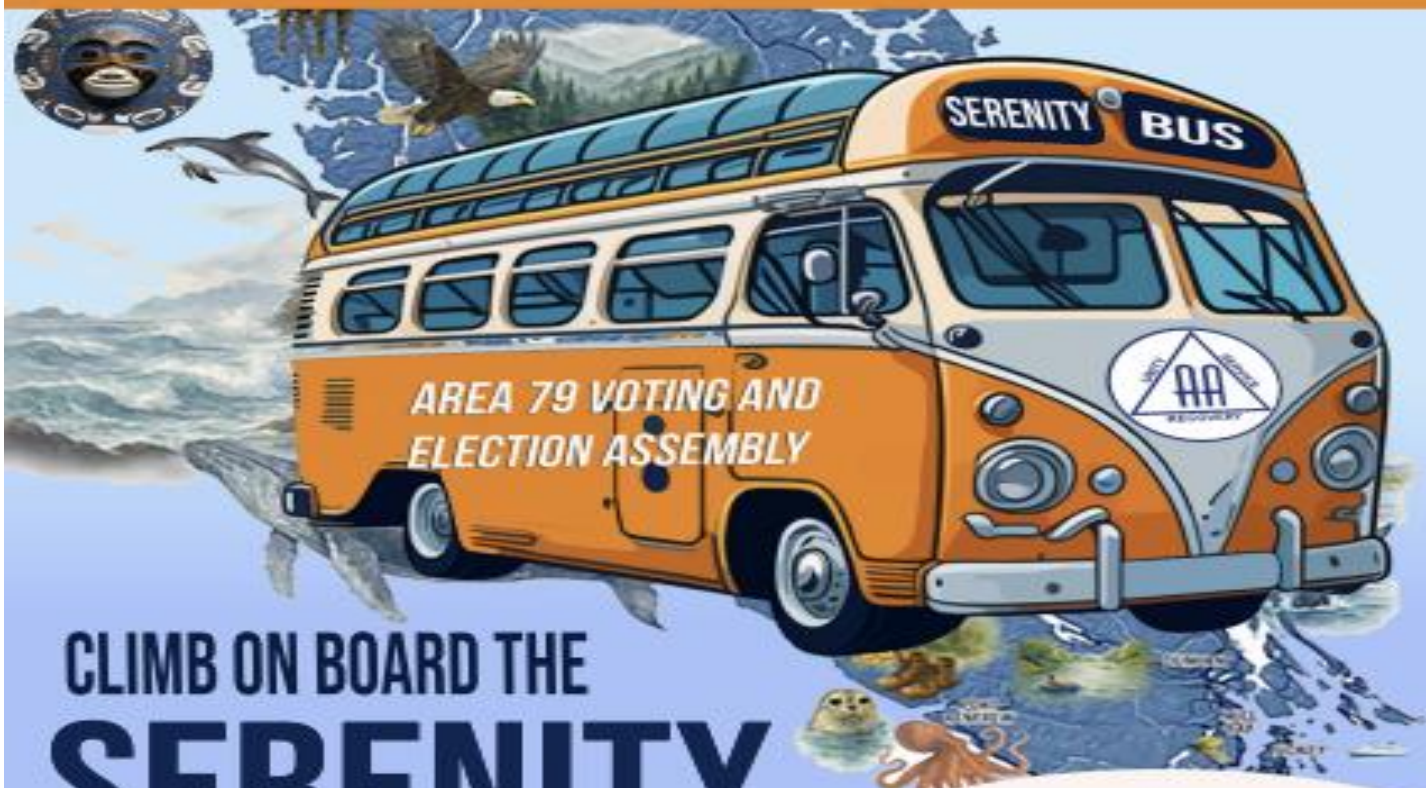


\$275

OCTOBER 23-25

ROUND TRIP

KAMLOOPS - VERNON - KELOWNA - PORT ALBERNI



CLIMB ON BOARD THE
**SERENITY
BUS**

**CUT OFF DATE FOR SALES WILL
BE SEPTEMBER 23 2026**

**SEAT PAYMENT CAN BE E-TRANSFERRED TO: SCMINITREAS@GMAIL.COM
PLEASE INCLUDE YOUR NAME, PHONE NUMBER AND EMAIL IN ETX MESSAGE BOX.**

**FOR MORE BUS / TRIP INFORMATION PLEASE CONTACT:
JOHN S (778 214 7464) OR STUART N (250 666 0246)
PHONE OR TEXT**

CAMPBELL RIVER AA RALLY

Rally theme:
Back to Basics

SATURDAY AUGUST 1, 2026
SUNDAY AUGUST 2, 2026



CAMPBELL RIVER
COMMUNITY CENTER
401 11Ave.

ADMISSION ONLY
\$20.00

FULL PACKAGE
\$50.00

✓ INCLUDES LUNCH
AND BBQ DINNER

• BREAKFAST BY DONATION •



SATURDAY SPEAKER:

Jeffery B.
Maple Ridge, BC



SUNDAY SPEAKER:

Joyce F.
Nanaimo, BC

AA MEETINGS SATURDAY & SUNDAY • ALANON MEETINGS



ADVANCED TICKET SALES:
backtobasics2026@gmail.com



TEXT CHERYL W. **250 307 4209**
OR BOB P. **250 850 7049**

*Together
We
Recover*

Traditions Workshop

**For on AA unity depend our lives, and the lives of
those to come**

Hosted by Saturday Night Live and District 46
EVERYONE WELCOME

Living Faith Lutheran Church
4607 Whitaker Rd.
Sechelt, BC

First Saturday of Every Month
Starting January 3, 2026
8:00 pm



I am responsible.
When anyone, anywhere,
reaches out for help, I want
the hand of AA always to be there.
And for that: **I am responsible.**

www.sunshinecoastaa.com



Serenity Day

Saturday, August 15
First United Church
450 Okanagan Ave E
Registration - 8:30am
\$10 for the whole day
Delegate report by
Drew W
Workshops
Potluck Lunch
Entertainment



Please contact Mark B
at 604-399-9390 for more
information

Fun in the Sun!

Games



**Potluck
and BBQ**

Bring Chairs

Music: Bring Instruments



WHEN: Sunday, August 16th, 11:00 am - 3:00 pm

WHERE: Centennial Park - Shelter #2

7526 Wallace Dr, Saanichton

WHO: Families & Friends of Bill W.

Hosted by District 15

To Volunteer: ask your GSR or email robsfarm@live.ca

Literature Corner

Hosted by your BC/Yukon, Area 79
Literature Committee

7:00 pm

August 20 – "AA's Hidden Literature: Beyond the Big Book"

September 17 – TBA

**October 15 – "Our Great Responsibility:
How AA Came of Age and Built its Service Structure"**

November 19 – "Literature from Our History"

Join us online:

Meeting ID: 879 8807 7565

Passcode: Literature

All A.A. members are welcome



**At every Literature Corner
Sharing from District Literature Committee Chairs
What's new in Literature and did you know...?**



Broad Highway
August 22 & 23 2026
Tickets \$35.00

Totem Hall 1380 Stawamus Rd,
Squamish, BC

Scan QR code to get your tickets today!



Camping

Join us for two nights at
Mamquam River Campground
to add to the fun and fellowship
of the Roundup weekend!

For registration or more details
seatoskyroundup@gmail.com

Schedule of events

Sat

- 8:00am Registration
- 9:00am Welcoming Ceremony
& Roundup Official Opening
- 9:50am-12:30pm Panels
- 2:00pm AI-Anon Main Speaker
Curtis E (North Vancouver)
- 3:10-5:00pm Panels
- 7:00pm Sobriety Countdown
- 7:30pm AA Main Speaker Meeting
Howard E (Orlando, FL)
- 9pm Comedy Show

Sun

- 9:00am Coffee and Fellowship
- 9:25am Prayer and Meditation Meeting
- 10:15am Sobriety Countdown Results
- 10:30am AA Main Speaker Meeting
Cathy E (Orlando, FL)

WILLIAM HEAD INSTITUTION, 6000 William Head Rd, Victoria, BC
BEACHCOMBERS RALLY
August 22, 2026

Date: August 22, 2026

Entry Time: 11:00 AM – 11:40 AM

Departure: 4:00 PM

Cutoff date for attendance: July 22, 2026

All attendees **must present a valid government-issued ID** for entry.
No exceptions.

Please contact **Jeff** to get on the list

Phone: 250-507-1159

Email: beachcombersrally@gmail.com

⚠ Important Notes

- Arrive within the designated entry window only
- Late arrivals may not be admitted
- Follow all institutional guidelines during your visit

We look forward to seeing you at the Beachcombers Rally!

BACK TO BASICS

47th Annual Green Lake Campout

Presented by District 60 in 100 Mile House

Sunset View Provincial Campground at the Group Site

August 27th, 28th, 29th, & 30th 2026

AA Speakers: Redge from Coquitlam & Jay from Kamloops

Enjoy the speakers and fireside meetings under the stars at gorgeous Green Lake.

Potluck Dinner! Saturday Evening

Bring a plate of food to share!

Free Pancake Breakfast Sunday Morning

Registration \$20.00 FOR THE WEEKEND

Camping fees 18.00 per night.

Access is approximately 16 km northeast of 70 Mile House off Hwy #97 along North Bonaparte Road or approximately 18 km south of Hwy #24 at Lone Butte and follow the signs along Watch Lake Road. Turn Left from North Bonaparte Rd. onto South Green Lake Road.

Drive until you reach the campsite follow signs posted by the Committee! 

Contact Bob B 250-395-0988 or Marvin R.250-644-6524

Okanagon Young People



In Alcoholics Anonymous

SUMMER

CAMPOUT

AUG 28-31 2026

TICKETS:

**EARLY BIRDS-\$69
UNTIL JUNE 27TH, 2026**

**\$75 REG PRICE
AFTER BEACH DAY**

FINTRY PROVINCIAL PARK

7655 FINTRY DELTA RD, KELOWNA

aakelowna.org

CORRECTIONS CORNER



"JAILS, INSTITUTIONS AND DEATH"

An open speaker meeting featuring AA members whose lives and recovery were impacted by the corrections system. We welcome all who want to hear stories of recovery from Alcoholism.

When : The last Sunday of each month @ 7pm

Where: On zoom. Meeting ID: 991 5032 3288

Zoom Password: langley (no capitals)

**Hosted by the
District 43
Corrections
Committee**



**Monthly speaker
announced
in District 43
newsletter**

**For more information contact
corrections@district43aa.org**

