

This Hour Has 45 Minutes

Online Meeting for People in Remote Locations

What?

Video conference meeting using Zoom

When?

Thursday night : 6:45 - 7:30 Pacific

How?

Simple instructions:

**At 6:45 on Thursday night, access Zoom
in your computer browser or smart phone app**

Click "Join a Meeting"

Enter meeting ID 722-275-2992

Click "Join Meeting"

Why?

Service. Unity. Recovery.

There are countless people still suffering in remote communities and locations or shut in due to illness, disability or transportation issues. Imagine trying to recover with no meetings. Online meetings provide remote individuals an opportunity to share their experience, strength and hope.

As of November 2017

**We are now using FREE Online
Zoom Video Conferencing***

***Please Note:* This Hour Has 45 Minutes
Will No Longer Use Canadian or US
Phone numbers for meetings.**



**Zoom is a Free
Video Conferencing service for
Firefox, Chrome, IE7, Safari
On Windows, MacOS and Linux
Or on iOS or Android.**

****Internet access is required
to use Zoom to join a meeting.***



For notebook or desktop devices, Install the "**Zoom Client for Meetings**" app from:
<https://zoom.us/download> (will run on most browsers in Windows, MacOS and Linux)
Install the "**Zoom Cloud Meetings**" app for iOS (at App Store) and Android (at Play Store)

**Hosted by people from remote communities in British Columbia.
For people in remote communities everywhere.**